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**Developing Your Metacognitive Skills – Active Reading Strategies**

The following three reading strategies should be used in concert for the biggest impact. Think of them as one big active reading strategy with 3 steps.

**Active Reading, Step 1: Previewing**

**What am I about to read?** (Look at the section headings, bold print, italicized words, charts, graphs in the section your reading.)

**Active Reading, Step 2: Come Up With Questions**

**What questions can the reading answer for me?** (You need to give yourself a reason to read so you’re motivated to do it.)

**Active Reading, Step 3: Paraphrasing the Correct Way** (Chunking Information)

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| One paragraph at a time. | Put the information into your own words |